

# Water Safety Tips

The Jefferson Fire District would like to remind boaters and swimmers to be safe on the rivers and lakes this summer.

- Adults as well as children should wear life jackets when boating or rafting.
- Be alert for snags and rocks both at the waters' surface and below.
- Carry a cell phone in a water proof container that is attached to you.
- Protect yourself from the sun; wear a hat and sun screen lotion.
- Let others know of your travel plans; where you are starting and ending, and when you are to be expected home.
- Take drinking water and a snack with you; it could be a long trip.
- Even on the hottest of days, the rivers or lakes temperature may remain cold and may cause hypothermia
- River flows vary and may run faster than normal.

Do not hesitate to call 911 during an emergency.